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MISS SCOTLAND GETS BEAMING NEW SET OF GNASHERS

AT TOP SCOTS DENTAL CLINIC



By YVONNE BOLOURI

EVEN Miss Scotland needs a helping tweak to look her best.

Stunning Jamey Bowers has had her teeth veneered with a new ground-breaking technique **WITHOUT** drilling or injections.

It was Jamey's dream to keep her dazzling smile after years of fruit chomping eroded the enamel.

Now she's back to her beaming best after a visit to award-winning dentist Jamie Newlands at Glasgow's Berkeley Clinic.

And even better news is that the Berkeley Clinic is also sponsoring the search for Jamey's successor, Miss Scotland 2014.

Gorgeous Jamey, 24, of Edinburgh, said: "I'm thrilled with my smile makeover."

"I never considered using veneers which fit over your own teeth, like false nails fit over your own nails, because you usually have to have the surface of your tooth shaved off first."

"Apparently about a third of the surface of your tooth is normally drilled off before the veneer can be stuck on."

"And my teeth are so sensitive that it was a no-no for me."

'I'm thrilled with how it looks'

"But this is a no-prep system which can last a lifetime."

Jamey's weak enamel was the result of her passion for healthy eating.

She said: "I grew up scoffing fruit and slugging lemon juice. When I was 13, my dentist told me I'd better stop."

"All that acid had destroyed the enamel and my teeth were thin and brittle."

"Every couple of years I'd have composite treatment where the enamel was built up, but then it would just wear off again, leaving them chipped and almost see-through."

Jamey was elated when she heard of the new treatment at the Berkeley Clinic.

She said: "I made an appointment to see top dentist Jamie Newlands."

"I wasn't expecting miracles, but when he examined my teeth he had good news for me."

"No prepping and no jags – just smooth perfect veneers. I was over the moon. No pain and all gain."

In just three appointments over two weeks, Jamey had ten veneers fitted.

She said: "I started off with just the front four teeth and it looked so amazing that Jamie suggested

Smiler Jamey is our Little Miss Happy



we do the entire smile. Because the veneers are actually moulded and made at the Berkeley Clinic there was no waiting time.

"And they will last a lifetime if I look after them properly."

"That just means twice-a-day brushing and flossing, and I've always done that anyway."

"I don't feel them in my mouth at all. I forget they're there, but then I catch sight of myself in the mirror, or someone tells me what great teeth I have and I think 'Wow!'"

"I'm thrilled with the results."

The beaming beauty queen will be using her new shiny gnashers to full effect when she hands over the Miss Scotland crown to her successor in May.

The Scottish Sun has already launched our hunt for the nation's new sweetheart in one of the big-

gest years in Scotland's history. Entries closed on Sunday and scores of beauties have applied to become Miss Scotland 2014.

All the entrants will be whittled down to a final 10 and take part in all sort of fun challenges at our Beaut Camp before the glittering main event.

'Final result is a healthy smile'

Dentist Jamie is proud to be involved with this year's competition – and he was equally delighted at how Jamey's treatment went.

He said: "The very latest no-prep veneers are excellent for people like Jamey who dread having the surface of her teeth removed."

"She attended our clinic for the first time about a month ago



SHE'S BORN GRINNER
... Jamey undergoes dental work then admires the results



Before



After

because her four front teeth were constantly chipping and breaking.

"She had previously had 'bonding' to repair her front upper teeth from some minor chips and to close some tiny spaces that she had."

"She needed repairs every couple of months and was becoming self-conscious about how her teeth looked."

"Jamey drank a lot of fruit juice as part of her healthy lifestyle."

"What she didn't realise was that the quantity and frequency of her drinking acidic fruit juice was dissolving the outside of her upper teeth as the juice washed over them."

"This was making her teeth thinner, more transparent and weak."

New digital **THINEERS** – which are the thickness of a contact lens and made from ceramic veneers and

don't require any drilling – was the perfect solution.

Jamey said: "We had our master lab technician design the changes to her smile in 3D so that she could see before we carried out her treatment."

"We then scanned Jamey's teeth in 3D and the new design in 3D and in about five hours we made and fitted her new beautiful smile with no drilling and no injections."

"The final result is a perfect white bright and healthy smile."

Jamey's teeth cost £6,490, including 10 upper no-drill veneers, whitening for her lower teeth and her smile analysis and design.

For more information call The Berkeley Clinic on 0141 564 1900 or go to www.berkeleyclinic.com

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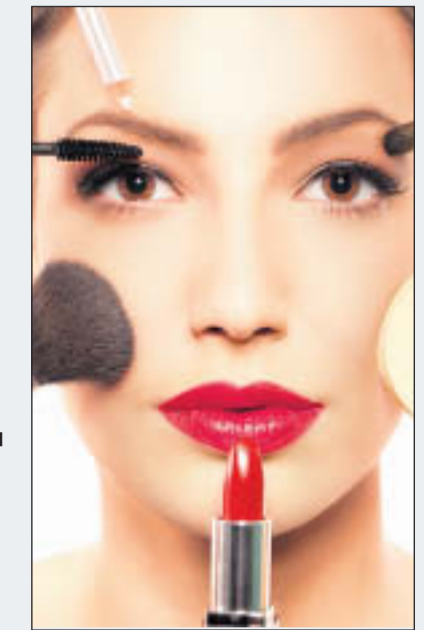


beauty extra...

THE new kids on the beauty block are marching out in their brightly coloured uniforms this week.

Tons of brands are bursting with exciting products that will change your face, and maybe even your life, in a matter of coats.

Here, **LUCY GARDNER** shares a few of the latest must-have items that are rocking our beauty cupboard this week.



Bright & beautiful

A TOUCH OF MINK

Worried you are going to miss your faux fur as the cold nights and days are finally warming up?

Fear not, you can still have a soft touch of glam in the form of Mink Eyelashes.

Once only available to celebs, minx strips are the softest on the market that still manage to provide the dramatic red-carpet effect.

Make sure you flutter your way to the front of the bar with Chelsea Beautiques' cute and subtle extensions.

They are luxurious enough for The Ritz... or failing that, maybe just your local!

Promising to last up to 20 wears, the hypo-allergenic Chelsea Beautique range will feed your animal needs.

The minx strips are available in 20 different styles, from chelseabeautique.com for £18.

MAGIC WAND

Marketed as your Guardian of Colour, hair trendsetter Josh Wood has designed another big hitter.

The Blending Wand is a non-permanent instant colour stick programmed to cover up your greys and roots in-between salon trips.

Mixing cedarwood, ginger and geranium oils, the instant fixer has a delicate aroma and lasts for up to three washes.

Available exclusively through M&S Beauty this perfect product is just the latest in the international hair colourist's winning line.

Comes in at £9.50 from M&S stores and online.

SKIN SAVIOUR

LUXURY range Janjira hit British shores last year and is already a favourite with celebrities.

Available from jaqaandco.co.uk. Ranges start from £8.95.

straight out of the Thai spas, the skin and body range smells so good it instantly transports your mind to a relaxed haven.

The new Thai Lime & Ginger Body Butter is built around the same satisfying bathing rituals of ancient Thai royalty, as is the rest of the range.

The full range is available from janjira.co.uk. Thai Lime & Ginger Body Butter, £28.

ARMANI AMOUR

Giorgio Armani was not joking when the firm dubbed its mascara: Eyes To Kill.

The thick brush extends the lashes to gravity defying lengths and that isn't its only winning product.

Rightly established as a successful beauty leader, its Fluid Sheer embellisher doesn't let the side down.

Added sparingly to your normal foundation the product illuminates skin to the next radiant level, giving it the boost it is missing from the last sun-free months.

Currently available with a ten per cent discount at Debenhams for £31.95.

NEW TREND NAILED

Quirkily-named LAQA&CO are products packaged in cute tubes.

And this funky brand is offering the sort of solutions to problems that were once only fixable in salons.

The Nail Polish pen, for example, is every desk bunny's dream come true.

If you are plagued with the problem of a chipped nail, the pen can fill in the gap in seconds, saving you an extra trip to the salon and more than a few quid. Also in this range is the Fat Lip Pencil. This colour stick is the messy pup's answer to the lipstick.

As it is a retractable stick, there is no risk of it snapping and it stains the lips enough to work with just two coats.

Available from jaqaandco.co.uk. Ranges start from £8.95.

‘I grew up scoffing fruit and slugging lemon juice. The acid destroyed the enamel

and my teeth were brittle’

